



Citadel Middle School

Friday March 6th

Today and tomorrow we're joining people all around the world for the **Global Day of Unplugging!** It's a 24-hour challenge to take a break from phones, tablets, and computers, and reconnect with real life. Try spending time with friends or family, go outside, read, or enjoy a favorite hobby. Give yourself a break from screens and see how good it feels to be fully present. Let's power down and unplug together!

The Games Group will be happening today at lunch in room 103.

Today, the Drawing Club will have a member of the yearbook attend to take some pictures if they wish to have some drawings or themselves in the yearbook.